



At school: pre visit:

<p>Creativity Find out what the soldiers at Gallipoli were given to eat (due to the difficult conditions they never had enough water to drink. 80% of the soldiers got dysentery and most lost 1/3 of their weight while there). Pretend you're a soldier and write a diary for two days.</p>	<p>Collaboration In groups look at the list of ingredients in our soldier's ration pack (we will send the list to you). Assign the ingredients into food groups - protein, carbohydrate etc. Discuss food allergies. Are you allergic to anything?</p>	<p>Critical thinking Research what challenges a soldier encounters when they are on active duty? What is essential for survival in a challenging environment?</p>	<p>Success criteria Students understand that more soldiers died of illness at Gallipoli than were killed. <i>Watch Gallipoli: The NZ Story Leonard Thornton (NZ on Screen).</i> Explain the links between nutrition, environment, and well being.</p>
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At the museum:

<p>Creativity How can you use your Ration Pack ingredients to 'Master Chef' a tasty and appealing meal?</p>	<p>Collaboration Work as a team to prepare and eat your Ration Pack in the time allowed. The Army feeds hundreds of people at once during disasters. What training would the soldiers need for this?</p>	<p>Critical thinking What is the role of a good leader in a team challenge like this? What worked well in your team, and what were the issues?</p>	<p>Success criteria Students work cooperatively and complete the food preparation/clean up activity in the time allowed.</p>
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Back at school:

<p>Creativity Design an affordable, locally sourced and nutritious lunch pack. Is it easy to assemble? Could this be a fundraiser?</p>	<p>Collaboration Students bring one or two food pantry items from home to make a classroom disaster Ration Pack.</p>	<p>Critical thinking How nutritious is your ration pack? Does it require cooking? Is it non perishable? Are your food items expensive?</p>	<p>Success criteria Students understand the links between nutrition, affordability, and well being.</p>
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